



SHEAT
PUBLIC SCHOOL
Shine Your Brightest!

AFFILIATION NO. 2133570

**ADMISSIONS
OPEN 2023-24**



PROSPECTUS

HEALTH PARTNER
 **Infinity Care
Hospital**
A Unit of Saraswati Trust



The foundation of SHEAT Public School was laid in an endeavour to bring an international standard of school education to the children of Varanasi. Established under the aegis of the Saraswati Charitable Trust, the school comes with the rich heritage of SHEAT GROUP OF INSTITUTIONS, which has contributed enormously to the field of education in Varanasi. It is a co-educational CBSE affiliated Senior Secondary school. The school is dedicated to preparing its students to become global citizens and achieve life-long learning, by equipping them with critical lifeskills and positive attitudes.



VISION

We at SHEAT School believe that every child is unique, thus we aim to provide a nurturing environment for children to discover their true potential and become the best versions of themselves.

MISSION

- Encourage curiosity, intelligent thinking and a quest for discovery within children.
- Inculcate the trait of respect for themselves, others and the environment.
- Discover the untapped potential, talent and qualities that would help them excel in all areas of the curriculum.

A LETTER FROM THE CHAIRMAN



Dear Parents,

As you know, Saraswati Charitable Trust for the past 19 years has been a dedicated missionary in the field of education in Varanasi. It has been an enormous contribution to education in general, and higher education, technical education and vocational studies in particular. Today, with SHEAT Public School, it is taken upon itself to bridge the gap between the students of Varanasi and their counterparts in the best schools internationally. The school's foundation stone was laid down with the mission of providing all-round development to its students.

I hope you would agree with me when I say that every kid is born with a unique and exceptional ability. Some are born mathematicians, while others excel in literature, someone might find his calling in art while others might be natural at a particular sport. In your lifetime, I'm sure you must have come across many kids who even in the absence of proper guidance, display pure natural talent and flair for complex disciplines like dancing, singing and playing a musical instrument. We wish to provide such kids with the best possible education and training in their chosen fields with the consent of their parents. I am confident that these kids will not only make their parents and their area proud, but will also bring glory to their country at the international level, and go on to become national treasures.

The purpose of helping every kid discover his or her true potential and provide them with the best nurturing ground for it within the campus is what fueled the idea of SHEAT Public School, and I hope that you will join us in our quest to bring the best out of every kid.

Virendra Singh

DIRECTOR'S MESSAGE



SHEAT Public School has successfully managed to hone a vigorous system, even though the first year at the school saw a pandemic, and we had to resort to online teaching for quite some time. We were able to maneuver through the difficulties and set up a functional structure wherein both the students and the teachers were able to adapt to the transitional times.

We at SHEAT Public School aim at preparing our students for traversing confidently through the adversities of life, and become leaders who have

the courage to be the change that they wish to see in the world. The goal is to finetune the educational system to suit the requirements of the students as well as parents. We equip the children with various skills, and let them decide where their greatest potential lies. The school is a safe space for the students, where with the help of highly qualified teachers, career counsellors and life coaches, the students are nurtured into being the best version of themselves. The school brings in many guest lecturers, motivational speakers and counsellors regularly in order to broaden their horizons. We lay emphasis on exposure to real-life issues and challenges, so that the students can have a mind of their own. The students are presented with a plethora of extra-curricular activities to strike the right balance between academics and skills, so that they can 'Shine their Brightest', staying true to the school's motto.

We believe in letting the students learn from their mistakes to become resilient, responsible and confident global citizens, who believe in equality, liberty, fraternity and secularism. A student of SHEAT Public School shall be humble, compassionate, brave and have a strong sense of self-worth. I wish the students, teachers and parents all the best for an insightful, progressive and wonderful year ahead.

Vivek Vikram Singh



FROM THE PRINCIPAL'S DESK

As the calendar turns and a new academic session begins, we all prepare ourselves for new commitments, challenges and accomplishments. We are in an educational time warp. The incremental development of educational content and pedagogy in recent years must keep pace with ever-accelerating strides in technological evolution.

At SHEAT Public School, we as educators not only promote learning, facilitate skill acquisition, and impart life skills, but also partake in the incredible journey of our students towards self-discovery. We continuously endeavour to help them discover their innate and latent potential and strive relentlessly towards mastery and excellence.

SHEAT Public School offers a structural teaching methodology, supported by powerful technologies for learning, making its scholars future-ready for a globalized, digitalized and dynamically changing environment.

So together, let us help our children embark upon this beautiful journey of self-discovery.

Priya Singh

THE INFRASTRUCTURE

SPREAD OVER AN AREA OF 5 ACRES, THE SCHOOL'S CAMPUS IS METICULOUSLY DESIGNED TO PROVIDE ALL-ROUND DEVELOPMENT TO THE KIDS.





TO KEEP THEM AHEAD:

- REGULAR SEMINARS, WORKSHOPS & EDUCATIONAL TRIPS ARE CONDUCTED.
- WE'VE ADOPTED AN APPLICATION-BASED CURRICULUM
- HIGHLY QUALIFIED AND EXPERIENCED TEACHING STAFF.
- WE ORGANISE GROOMING CLASSES TO TEACH THEM TABLE ETIQUETTE, SOCIAL ETIQUETTE, CLASS-ROOM ETIQUETTE, ETC



TO KEEP THEM CURIOUS:

- WE HAVE ACTIVITY ROOMS FOR KINDERGARTEN KIDS
- WE HAVE SCIENCE LABS, A MUSIC ROOM, AND ART & CRAFT ROOM FOR CHILDREN.
- WE HAVE A WELL-STOCKED LIBRARY
- WE HAVE MULTI-PURPOSE HALLS FOR SEMINARS, WORKSHOPS, DEBATES AND COUNSELLING.



- We have activity rooms for kindergarten children to help them develop confidence, imagination, comradery and inter-personal verbal and non-verbal communication skills.
- We have science labs and workshops for children to experience practical applications, while music and art rooms help them channel their natural talent and skills to perfection.
- We have a well-stocked library with books on every subject students might find themselves interested in – from classic literature to new-age science journals, and they will find no shortage of relevant resources to answer their curiosity.
- We have multi-purpose halls to provide the children with ample opportunities to showcase their talents.

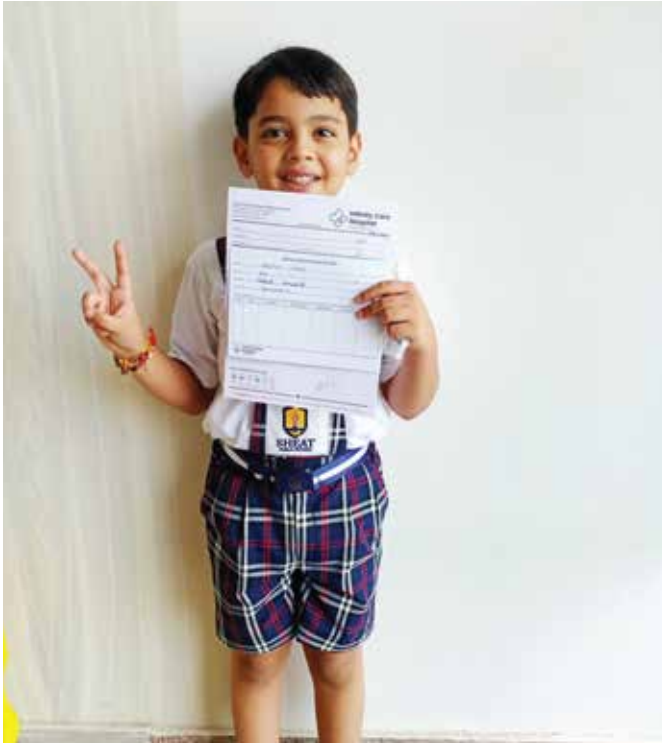




TO KEEP THEM FIT

- WE HAVE AN ARRAY OF INTERNATIONAL SPORTS FACILITIES LIKE LAWN TENNIS, SWIMMING, 5-A-SIDE FOOTBALL, WUSHU AND KICKBOXING AMONG VARIOUS OTHERS.
- WE HAVE A WELL APPOINTED PLAY AREA FOR KINDERGARTEN.





TO KEEP THEM HEALTHY

- WE FURNISH COUNSELLING AND MENTAL HEALTH SUPPORT.
- HEALTH CHECK-UPS ARE CONDUCTED REGULARLY BY INFINITY CARE HOSPITAL.
- THE CANTEEN IS EQUIPPED WITH NUTRITIOUS MEAL PLANS.
- ACTIVITIES SUCH AS YOGA ARE CONDUCTED FOR THE STUDENT'S MENTAL & PHYSICAL WELL-BEING.



TO KEEP THEM PROTECTED

- CCTV CAMERAS MONITORED BY A TRAINED STAFF
- WE POSSESS GPS & CCTV CAMERA ENABLED SCHOOL BUSES
- WE HAVE MALE AND FEMALE BUS ATTENDANTS
- WE PROVIDE 1 SUPPORT STAFF FOR EVERY CLASS IN KINDERGARTEN
- WE PROVIDE SELF-DEFENSE CLASSES
- WE ARRANGE MOCK-DRILLS FOR SAFETY
- WE CONDUCT REGULAR MEETINGS TO OPTIMIZE THE STUDENTS' SAFETY & SECURITY.





THE HOUSE SYSTEM

The house system is an integral part of SHEAT Public School which aims at the holistic development of the students. To enhance the spirit of competition and sportsmanship, regular inter-house competitions are organized by the school Class III onwards. The whole school is divided into four houses, and each house is under the supervision of a house master/mistress.

HOUSE NAME	HOUSE COLOUR	HOUSE SYMBOL	HOUSE VIRTUE
JADE	GREEN	ASLAN	INTEGRITY
SAPPHIRE	BLUE	PEGASUS	LOYALTY
GARNET	RED	PHOENIX	COURAGE
ZIRCON	YELLOW	GRIFFIN	WISDOM

JADE – THE SAGACIOUS SCHOLARS



Jade, the gem of purity is regarded as a stone that protects and supports the heart's energy. It symbolizes gentleness and nourishment. It is a protective stone that keeps the wearer from Harm and brings harmony. 'Aslan' represents the Jade House. In the allegory of The Lion, the Witch, and the Wardrobe, Aslan represents Jesus Christ. He is a lion, and as king of the forest, is fearless, intimidating but at the same time compassionate. The members of this house strongly adhere to moral and ethical principles and display a great strength of character, true to their house symbol, 'Aslan'. They are determined, resourceful and ambitious. Their stable personality eliminates all kinds of negativity within and around them. It is their integrity that makes them a winner in all Spheres of life.

SAPPHIRE – THE PASSIONATE PERFECTS

Sapphire, one of the most precious and valuable blue gemstone, is regarded as a stone of mental focus and order, inner vision And psychic awareness. 'Pegasus' represents the Sapphire House. Pegasus was a winged horse in Greek Mythology. Pegasus's soaring flight was interpreted as an allegory of the soul's immortality. It was a good hearted, gentle and helpful creature. The members of this house are serene and calm and have a focused mind, mirroring their symbol 'Pegasus'. They are intellectual, creative and logical. Trust and loyalty are their hallmark. They are passionate about their work and strive to achieve perfection in whatever they indulge into.



GARNET – THE VALIANT VICTORS

Garnet, a spiritual stone of higher thinking and self-empowerment, is also a stone of strength and safety. It is a stone of prosperity and abundance, encouraging gratitude and service to others. 'The Phoenix Bird' represents the Garnet House. The Phoenix Bird is a long-lived, immortal bird associated with Greek mythology. It symbolises immortality, renewal, and rebirth. When it dies, the bird bursts into flames and is reborn from its ashes, making it immortal. The members of this house exude great vitality and power in everything they do. They are valiant, confident, daring and are an embodiment of self-empowerment (much like the Phoenix Bird) and higher thinking. They are a store house of immense energy that makes them an achiever in every field.



ZIRCON – THE CONQUERING CHAMPIONS

Zircon, also known as a stone of virtue, assists in understanding the ephemeral nature of all things and enhances clear thinking. Reputed as a healing stone, it makes one resistant to temptations and strengthens the intellect. 'Griffins' represent the Zircon house. Griffins are said to have had an Eagle's head and a Lion's body in Greek & Roman Mythology. They represent wisdom, strength, and sharpness of the mind. The members of this house are gems of purity and innocence. They are tolerant, dedicated and diligent. Like the Griffin, they have a passion for life and work and reflect their deep wisdom and intellect in all that they do. It is their tenacity that takes them ahead in life.



SPORTS, CLUBS AND ACTIVITIES:

The school offers a balanced curriculum with equal weightage given to Sports and Extra Curricular Activities. The Five Stands of Visual Art Curriculum Drawing, Painting, Colouring, Clay Modelling and Craft have also been incorporated in the curriculum of the school. The school offers both Indian and Western form of music and dance. Theatre classes involve story telling, role play, script writing, dance, discussions and stage performances.

SPORTS:

FOOTBALL
THROWBALL
HANDBALL
VOLLEYBALL
BASKETBALL
BADMINTON
SWIMMING
SELF-DEFENSE
SKATING
TAEKWONDO
WUSHU
KICK-BOXING
CRICKET
GYMNASTICS



CLUBS

PUBLIC SPEAKING
LITERARY
ART
MUSIC
DANCE
THEATRE
DEBATING



WE HAVE A HEALTH CARE PARTNER FOR YOUR CHILD'S WELL-BEING!

SHEAT Public School provides a free health card to all the students

If there is anything that we have learnt from this pandemic, it is that good health is of foremost priority and that it should not be ignored. Keeping this in mind, we are happy to announce that by being a part of the SHEAT family, you are automatically eligible for a health card membership with our Healthcare Partner Infinity Care Hospital. The membership offers a plethora of discounts on services at Infinity Care Hospital. The health card can be used by the student and 4 other immediate family members.

Infinity Care Hospital is a Multi-Specialty Hospital situated in Tagore Town, Orderly Bazaar, Varanasi. Infinity Care Hospital is a 100 bedded super-speciality hospital which has all the facilities of a modern-day hospital with state-of-the art infrastructure. Infinity Care Hospital aims to provide high quality services at affordable prices, since accessible and safe healthcare is everyone's right.





DR ABHISHEK VIKRAM SINGH

DM, CARDIOLOGY

FOUNDER:

INFINITY CARE HOSPITAL

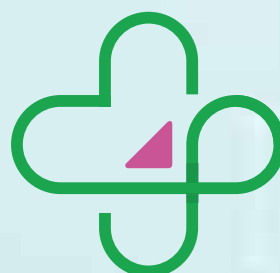
WE SPECIALIZE IN:

SUPER SPECIALITY DEPARTMENT

Cardiology
Gastroenterology
Oncology
Neurology
Nephrology

SPECIALITY DEPARTMENT

General Medicine
General Surgery & Laparoscopy
Orthopaedics
Gynaecology
Paediatrics
Anaesthesia
Dermatology
Dental Care
Physiotherapy
Radiology
Pathology



**Infinity Care
Hospital**

A Unit of Saraswati Trust



ADMISSION PROCESS

AGE ELIGIBILITY (Age as of 1st April for the session admission sought)

CLASS	AGE
NURSERY	2 YEARS & 6 MONTHS
LKG	3 YEARS & 6 MONTHS
UKG	4 YEARS & 6 MONTHS
CLASS I	5 YEARS & 6 MONTHS
CLASS II	6 YEARS & 6 MONTHS
CLASS III	7 YEARS & 6 MONTHS
CLASS IV	8 YEARS & 6 MONTHS
CLASS V	9 YEARS & 6 MONTHS
CLASS VI	10 YEARS & 6 MONTHS
CLASS VII	11 YEARS & 6 MONTHS
CLASS VIII	12 YEARS & 6 MONTHS
CLASS IX	13 YEARS & 6 MONTHS

ADMISSION CRITERIA

- The registration form can be obtained either from the city office, the school premises or can be downloaded from the school website.
- For admission to a class, the child must fulfil the above-mentioned age criteria.
- Registration forms are to be filled in and submitted to the school office before the end of the registration period.
- Incomplete or illegible registration forms, without photographs, will not be processed /accepted.
- Dates for test/interviews/interaction will be provided at the time of registration. The school authorities reserve the right to change the date and time of the interview.
- Relevant documents/certificates are to be provided at the time of admission.
- Attested copy of birth certificate will be required at the time of admission.
- For class I and upward, previous year's report card will need to be furnished.
- For class I and upward, a school transfer certificate will need to be produced at the time of admission.
- In case of interstate students, the transfer certificate should be counter signed by the education officer in the concerned state education authority.
- The following documents will also be needed at the admission:
 1. Passport size photographs (3 of the student and 3 of each parent).
 2. Visiting/Business Cards of parents.
 3. Aadhar of parents and students.
 4. Medical certificate.
 5. Death or divorce certificate, in the case of single parents.

ADMISSION PROCEDURE

ENTRANCE ASSESSMENT/INTERVIEW

- There will be a written assessment for students seeking admission in class UKG and upwards.
- Results will be displayed on the notice board on specified dates.

Streams offered by School in Grade XI

- (1) Science (2) Commerce (3) Humanities
- Admission in Grade XI will be granted on the basis of Grade X Board results.

ADMISSION PROCEEDINGS

Successful candidates whose names are included in the list must pay the fees by the dates indicated on the list displayed on the school notice board; otherwise admission will automatically stand cancelled.

- The admit card will be issued to parents only after the form is duly filled and registration formalities are completed.
- Students must report in complete school uniform, along with books and stationery as prescribed by the school on the first day.

SYLLABUS FOR ADMISSION TEST

UKG

ENGLISH

- Upper case and Lower case letters
- Three – lettered words

ORAL Common rhymes and conversation

HINDI

- अ से अः तथा क से ज्ञ तक
बिना मात्रा वाले तीन अक्षरों के शब्द

ORAL बिना मात्रा वाले अक्षरों को पढ़ना
कविता पाठ

MATHS

- Counting from 1 – 100
- Before, after, between, smaller, bigger
In words 1 – 10
- Concept of shapes

CLASS I

ENGLISH

- Alphabets in cursive
- Singular and plural
- Vowels, articles
- conjunctions

HINDI

- मात्रा ज्ञान (अ से औ तक)
- शब्दों से वाक्य बनाना
- चित्र पहचानना

ORAL कविता पाठ / मात्रा वाले शब्दों को पढ़ना

MATHS

- 1 – 100 (in words and figures)
- Before, after, between, greater to, smaller to
Skip Counting
- Simple addition and subtraction of single and 2
– digit numbers

ORAL Multiplication table (2 – 5)

CLASS II

ENGLISH

- Noun, Pronoun, Articles, Opposites, Singular –
Plural, Gender
- Use of this, that, these, those
- Sentences making

HINDI

- मात्राओं का ज्ञान, संज्ञा, सर्वनाम
- वाक्य बनाना, विलोम शब्द
- गिनती (१-२०)
- दिन । महीनों के नाम
- ४ - ५ वाक्य का निबंध लिखना

MATHEMATICS

- 1 – 100 (in words and figures)
- Before, after, between, greater to, smaller to,
equal
- Skip Counting
- Addition without carrying over
- Subtraction without borrowing
- Word problem
- Multiplication of single digit, Time, names of
days & months.

CLASS III

ENGLISH

- Comprehension Passage
- Picture Comprehension
- Sentences making
- Short paragraph on given topic
- Grammar – Nouns, Pronouns, Verbs, Adjectives,
Question Words, Gender, Singular – Plural,
Opposites, Punctuation marks

HINDI

- अपठित गद्यांश
- मात्राओं तथा संयुक्ताक्षर का ज्ञान
- निबंध
- संज्ञा , सर्वनाम , विशेषण, क्रिया
- लिंग , विलोम , पर्यायवाची, वचन , अनेक के लिए एक
शब्द , लिंग , विलोम , पर्यायवाची, वचन

MATHEMATICS

- Numeration and Notation upto 3 digits

- Comparison, before, after, between
- Skip counting
- Place value, Expanded form
- Even and odd numbers
- Addition and subtraction with carry over and borrowing
- Table upto 10, Division
- Word problems on addition, subtraction, multiplication
- Time and calendar
- Fraction (halves and quarters)

CLASS IV

ENGLISH

- Comprehension Passage
- Paragraph writing
- Application writing
- Grammar – Parts of Speech, Punctuation, Gender, Kinds of Sentences

HINDI

- अपठित गद्यांश
- पत्र लेखन , निबंध लेखन
- वाक्य प्रयोग लिंग , विलोम , पर्यायवाची, वचन
- अनेक के लिए एक शब्द

MATHEMATICS

- Multiplication & Division
- Word problems
- Fractions
- Plane shapes – circle, triangle, square, cylinder and cuboid
- Measurement, Time, Money

CLASS V

ENGLISH

- Unseen passage, Paragraph writing, letter writing
- Grammar – Parts of Speech, Tenses, Articles, Kinds of Sentences

HINDI

- अपठित गद्यांश
- पत्र लेखन , निबंध लेखन
- मुहावरे

- अनेक के लिए एक शब्द
- संज्ञा , सर्वनाम , विशेषण, क्रिया

MATHEMATICS

- Numbers – Indian and International System
- Multiplication (4 digits by 2/3 digits)
- Division (4 digit by 2 digits)
- Statement Problems
- Fractions
- Multiples and Factors
- Metric System
- Time, Money
- Concept of Polygons, Quadrilateral

CLASS VI

ENGLISH

- Comprehension Passage
- Letter – writing
- Essay, Paragraph writing
- Grammar – Determines, Verb forms, Tenses

HINDI

- अपठित गद्यांश
- पत्र लेखन , निबंध लेखन
- मुहावरे, लिंग , विलोम , पर्यायवाची, वचन
- अनेक के लिए एक शब्द

MATHEMATICS

- Indian and International Number System
- Roman Numbers
- Decimals
- LCM / HCF
- Percentage
- Unitary Method
- Fractions
- Area Perimeter & Volume
- Types of triangles – Measurement & Drawing of angles

GENERAL AWARENESS

CURRENT AFFAIRS

CLASS VII

ENGLISH

- Comprehension Passage / Poem
- Letter – writing
- Guided Composition, Essay, Paragraph writing, Story writing
- Grammar

HINDI

- अपठित गद्यांश
- पत्र लेखन , निबंध लेखन
- मुहावरे / लोकोक्तियाँ - अर्थ तथा प्रयोग
- विलोम / पर्यायवाची, वाक्यांश के लिए एक शब्द
- संज्ञा , सर्वनाम , विशेषण, क्रिया, कारक
- सन्धि - विच्छेद

MATHEMATICS

- Factors / Multiples
- Integers
- Algebraic Expressions
- Linear Equations
- Ratio & Proportions
- Unitary Method
- Angles
- GENERAL AWARENESS / CURRENT AFFAIRS

CLASS VIII

ENGLISH

- Comprehension Passage / Poem
- Letter – writing
- Notice & Message writing
- Grammar

HINDI

- अपठित गद्यांश
- पत्र लेखन , निबंध लेखन
- मुहावरे तथा लोकोक्तियाँ - अर्थ तथा प्रयोग
- विलोम , पर्यायवाची, अनेक के लिए एक शब्द, वाक्यों को शुद्ध करना

MATHEMATICS

- Operations on Rational Numbers

- Exponents
- Algebraic Expressions & Factorization
- Perimeter, Area and Volume
- Profit, Loss and Percentage
- Direct and Inverse Variation
- Geometrical construction with compass
- GENERAL AWARENESS / CURRENT AFFAIRS

CLASS IX

ENGLISH

- Comprehension (Unseen Passage)
- Paragraph writing / Story writing
- Letter writing – Formal & Informal
- Rearranging jumbled words
- Voice
- Use of degrees of comparison
- Modal auxiliaries
- Use of prepositions
- Tense forms
- Reported speech

HINDI

- अपठित बोध
- निबंध लेखन / अनुच्छेद लेखन
- पत्र-लेखन
- काल
- कारक
- उपसर्ग
- प्रत्यय
- संधि
- समास
- तत्सम व तदभव
- अलंकार
- वाच्य

SANSKRIT

- शब्दरूप- बालक, राम, लता, माला, पुस्तक, फल, मुनि, नदी, एतत्, अस्मद्, युष्मद्, तत्(स्त्रीलिङ्ग)
- धातुरूप- पठ्, भू, दृश्, गम्, अस्, कृ
- प्रत्यय- क्त्वा, तुमुन्, ल्यप्
- कारक तथा विभक्ति- प्रथमा से सप्तमी तक
- संधि- गुण संधि, दीर्घ संधि, व्यञ्जन संधि, विसर्ग संधि

- सामान्य साधारण वाक्यों का अनुवाद

SCIENCE

- Microorganisms
- Metals & Non-Metals
- Cell – Structure & Function
- Reproduction in Animals
- Force & Pressure
- Sound
- Friction

MATHEMATICS

- Linear Equation in One Variable
- Square and square root
- Profit ,loss and Discount
- Exponents and Powers
- Factorisation
- Algebraic Expression
- Menstruation
- Understanding Quadrilaterals
- Practical Geometry



WE ARE THE CHAMPIONS!



SHIVENDRA PRATAP SINGH – CLASS XII
SILVER MEDAL IN KICKBOXING, 7TH
INTERNATIONAL GAMES AT POKHARA,
NEPAL



**UP TEAM – YUVA KABADDI
SERIES 2022**
ARAV YADAV – CLASS XI
HIMANSHU YADAV – CLASS X



SHIVENDRA PRATAP SINGH
GRADE XII HUMANITIES
**GOLD MEDAL IN KICKBOXING AT NATIONAL
URBAN GAMES 2022**
**SELECTED FOR INTERNATIONAL
CHAMPIONSHIP TO BE HELD IN DUBAI!**



**WINNERS IN 46TH STATE LEVEL
CHAMPIONSHIP!**

**REPRESENTED VARANASI
DISTRICT FOR STATE LEVEL
KABADDI CHAMPIONSHIP.**

ARAV YADAV – CLASS XI
HIMANSHU YADAV – CLASS X
HARSH YADAV – CLASS XII



WAKO INDIA NATIONAL KICKBOXING CHAMPIONSHIP 2022!

**Students of SHEAT Public School
won 2 Gold & 2 silver medals in the**

**STATE LEVEL
KALARIPPAYATTU
CHAMPIONSHIP**



2022



SHEAT

PUBLIC SCHOOL

Shine Your Brightest!

Contact Us :

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sheatpublicschool@gmail.com



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Sheat Public School



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